



Dranesville Happenings

May 2014

Announcements and Upcoming Activities in and Around the Dranesville District



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Welcome to the Dranesville Happenings, providing you with information about upcoming events and activities around the County and in the Dranesville District.

EVENTS

May 4: Great Falls Day Celebrating the Great Falls Grange

Join Great Falls residents in celebrating their roots in an agricultural economy, the National Grange movement, and the local Great Falls Grange Hall Number 738 - the first Grange Hall built in Virginia, now 85 years old.

Event details:

Sunday, May 4, from 1:00 p.m. to 5:00 p.m.
9818 Georgetown Pike
Great Falls

Enjoy barn-raising, sustainable farming, heirloom seeds, animals and historic farm artifacts. Hear the National Grange President speak and view history displays, including the complete history of the Great Falls Grange. Eat well at food trucks that serve rotisserie chicken, hamburgers, hot dogs, ice cream and cookies. Visit the silent auction featuring local goods and services from Great Falls community shopkeepers. There are also games, an essay contest, and reenactments. Plan on a thoroughly enjoyable day!

May 4: First Annual Dog Walk for Hero Dogs, Inc.

Hero Dogs, Inc. raises and trains service dogs and places them, free of charge, with our nation's Veterans to improve their quality of life and restore independence.

Please join in the First Annual Dog Walk for Hero Dogs, Inc. There will be fun for everyone with contests, a raffle, treats and water for ALL! Help make this event a success. Mark your calendar and come walk with or without your dog!

The event goal is to raise \$1,200 to sponsor a puppy for a veteran in need!

Check out www.hero-dogs.org to participate and donate \$10 to help a puppy be a hero!

Event details:

Sunday May 4, from 11a.m. to 2 p.m.
Runnymede Park
195 Herndon Pkwy.
Herndon

For more details please follow Hero Dogs on Facebook or call the Herndon Animal Medical Center at 703-435-8777 or visit www.herndonamc.com.

Hero Dogs, Inc. is an IRS approved 501(c)(3) organization and operates entirely on donations. [Donate here.](#)

May 6: Healthy Community Design Summit

Hosted by Live Healthy Fairfax

Live Healthy Fairfax is hosting the Healthy Community Design Summit to highlight how economic health, environmental health and public health are essential building blocks for a thriving community. This event is targeted to professionals in the fields of planning and development, transportation, urban design, architecture, engineering, and real estate as well as community members interested in increasing opportunities for walking, biking and transit.

Event details:

Tuesday, May 6
Registration: 8:00 a.m.
Program: 8:30 a.m. to 12:00 p.m.
Kena Conference Center
9001 Arlington Blvd.
Fairfax

The Keynote Speaker will be Mark Fenton, an expert on walkable communities. Mark is a national public health, planning and transportation consultant. Light refreshments will be served.

Event participants will:

- Discuss ideas and strategies with professionals in the fields of planning and development, including urban design, architecture, engineering, and real estate.
- Learn how communities throughout the U.S. are encouraging active living through design of the built environment.
- Hear from a panel of local business, development and planning experts about their strategies for and successes with integrating healthy design throughout the Fairfax Community.
- Brainstorm with your colleagues on ways to make your neighborhoods more friendly for pedestrians and bicycles and accessible to all people.

- Help craft a message for leadership that demonstrates the benefits of health in all policies - especially throughout the built environment.

Register at: <https://www.eventbrite.com/e/healthy-community-design-summit-tickets-10854180145#>

The Live Healthy Fairfax initiative aims to transform our community into a place where everyone may lead healthier, more productive lives. The Partnership for a Healthier Fairfax is a diverse coalition working together to attain these goals. Whether you are a resident, business owner, faith leader, school official, nonprofit manager, health care provider, or government employee, you can make a difference in the health of our community

May 6: Stories Come Alive at Great Falls Senior Center

With Story Teller Margaret Chatham

The Great Falls Senior Center (GFSC) in partnership with the Fairfax County Department of Neighborhood and Community Services, presents for its May program, guest speaker, Margaret Chatham, presenting a sampling of favorite tales. Stories come alive when told by Chatham, whether folktales, literary stories or personal narratives along with her suggestions of telling stories of our own.

Event Details:

May 6, 11:00 a.m. to 1:30 p.m.

St. Catherine of Sienna Catholic Church

1020 Springvale Road

Great Falls

The program includes lunch. A modest contribution is appreciated.

Chatham started as a children's librarian in Hawaii; she has over 40 years of experience, telling stories for schools and campfires, retirement homes and Celtic festivals. Chatham is a founding member of the local storytelling guild, Voices in the Glen, for which she schedules monthly storyswaps.

Reservations are a must. To reserve, email Polly Fitzgerald at pollyfitz1@verizon.net or call 703-759-4345. This event is being sponsored by Great Falls Assisted Living (A Memory Care Community).

For More Information Call Diane Drewry at 703-759-5829 or Marietna Mascolo at 703-404-0124.

May 6, May 7: Fairfax County Planning Commission Committee

Gathering Public Input on Residential Studio Units (RSUs)

Board of Supervisors Considering Changes to Zoning Ordinance to Allow

RSUs

The Fairfax County Board of Supervisors is considering amending the County's zoning ordinance to expand affordable housing options in the County. As currently proposed by County staff, the amendment would allow up to 75 Residential Studio Units (RSUs) of up to 500 square feet in size commercial, industrial, higher density residential districts, and in all planned development districts. RSUs would only be allowed by the approval of a special exception or as part of a rezoning.

The Board of Supervisors directed the Fairfax County Planning Commission to conduct public outreach sessions and to consider recommending revisions. The Planning Commission has already conducted several work sessions on the residential studio amendment and has also formed an RSU Committee.

Two public meetings have been scheduled in in May: May 6 and May 27 at 7:00 p.m. at the Fairfax County Government Center (12000 Government Center Parkway, Fairfax) to discuss the proposed ordinance amendment.

Please attend one or more of the meetings to give the Planning Commission an understanding of any community concerns and to discuss options to staff's proposal. This will help them as they re-work the amendment. Additional meetings will be scheduled.

Please visit <http://www.fairfaxcounty.gov/dpz/zoningordinance/proposed> for more information. You may also contact Benjamin Wiles in the office of Supervisor Foust at Benjamin.Wiles@fairfaxcounty.gov.

May 7, 12, 19: Public Meetings on Proposed Changes to Fairfax County Noise Ordinance

On February 18, 2014, staff presented a draft revision to the Noise Ordinance ([Chapter 108.1](#) of the [County Code](#)) to the Board of Supervisors' Development Process Committee. The goal of the proposed Noise Ordinance is to minimize nighttime noise and guarantee residents a certain level of quietness within their homes. The proposed new Noise Ordinance would replace both the existing Noise Ordinance (Chapter 108) and the existing Excessive Sound Generation in Residential Areas and Dwellings provisions (Article 6 of Chapter 5 of the [County Code](#)). The Excessive Sound Generation in Residential Districts provisions were adopted by the Board on December 3, 2013 and a brief description of the amendment is located [here](#).

Among other things, the new Noise Ordinance prohibits certain noises and exempts certain other noises. A [summary chart](#) showing the applicability of the proposed Noise Ordinance has also been prepared.

In order to obtain feedback on the proposed new Noise Ordinance, the following public

meetings have been scheduled. Everyone is invited to attend and make comments:

(All meetings will be held from 7:00 p.m. to 9:00 p.m.)

Wednesday, May 7

South County Government Center
Main Conference Room (SCC221)
8350 Richmond Highway
Alexandria

Monday, May 12

Fairfax County Government Center
Board Room
12000 Government Center Parkway
Fairfax

Monday, May 19

School Cafeteria
Lemon Road Elementary School
7230 Idylwood Road
Falls Church

Additional information on the proposed Noise Ordinance is available at:

<http://www.fairfaxcounty.gov/dpz/zoning/noiseordinance/>

In addition to the proposed Noise Ordinance and as requested by the Board, staff will solicit input at these public meetings on staff's proposal to address Group Assembly in Residential Dwellings. Additional information on Group Assembly in Residential Dwellings is available at: <http://www.fairfaxcounty.gov/dpz/zoning/groupassembly/>.

Through May 15: County Seeks Community Input on Fairfax 50+ Proposed Plan

Fairfax County is projecting a dramatic increase in its older population. Between 2005 and 2030, the County expects the 50 and over population to increase by 40 percent and the 70 and over population by 88 percent. Now the County is continuing its efforts to create a vibrant, active community where people want to stay as they grow older by developing the [2014 Fairfax 50+ Plan](#).

During the summer of 2013, the Fairfax County Board of Supervisors, together with the Fairfax Area Commission on Aging listened to the over 800 people who offered their ideas at forums held throughout the county. Work teams composed of business and nonprofit representatives, community members and county staff, reviewed the community's ideas and proposed initiatives for the Board of Supervisors' consideration.

Initiatives have been proposed on the following subjects:

- Safe and Healthy Community
- Housing
- Transportation
- Community Engagement
- Services for Older Adults and Caregivers
- Long-Range Planning & Trends Analysis

Read the Fairfax 50+ Plan Proposed Initiatives [here](#). Then share your comments by emailing DFSCcommunity@fairfaxcounty.gov. (The Comment Period is from April 15 to May 15, 2014.)

For more information on the Plan visit

<http://www.fairfaxcounty.gov/dfs/olderadultservices/fairfax50plus.htm>,

Visit [Fairfax County's Older Adults Page](#) to find services, recreational activities and community engagement opportunities for older adults.

May 16: Bike to Work Day 2014

New Pit Stop Opening at Greenberry's in McLean.

Get your workout before you get your work in! Now is the time to register to participate in Bike to Work Day 2014. **Pre-Register by May 9 for a free-T-shirt and bike raffle.** (T-shirts will be available at pit stops to the first 14,000 registrants.)

This year, for the first time, a new McLean pit stop will be established at Greenberry's, located at 6839 Redmond Drive, in the shopping center near Beverly Road and Old Dominion Drive. Over 75 Bike to Work Day pit stops will be located in Washington D.C., Maryland and Virginia.

To register and for specific pit stop locations and times visit www.biketoworkmetrodc.org or call 800-745-7433.

May 17: McLean Day 2014:

Celebrating Hometown -- It's the Place to Be since 1915!

Join McLean residents for the biggest annual McLean community party and enjoy great rides, food, performances and exhibitors. Also, take the time to vote your choices for the Mclean Community Center Governing Board. (See details below.)

Event details:

Saturday, May 17 from 11:00 a.m. to 5:00 p.m.

Lewinsville Park
1659 Chain Bridge Rd.
McLean

Festival and Rides
11 a.m. - 5 p.m.

MCC Governing Board Elections
10:30 a.m. - 5 p.m.

Parking is prohibited at the park all day and parking on surrounding streets is limited. Save time and energy by using the McLean Community Center's three free shuttle buses that will make travel to and from Lewinsville Park, the site of McLean Day 2014, much easier. Shuttle buses will be available from 9:30 a.m. to 6 p.m. at the following locations:

- **McLean Community Center**, 1234 Ingleside Avenue. Meet the shuttle at the Center's front entrance.
 - **McLean Baptist Church**, 1367 Chain Bridge Rd, across from Franklin Sherman Elementary School and Langley Shopping Center. Meet the shuttle in downtown McLean at the stop on Brawner Street.
 - **Lutheran Church of the Redeemer**, 1545 Chain Bridge Rd. Meet the bus at the church entrance.
- The Center also runs golf carts from the rear of the Lewinsville Senior Center, 1609 Great Falls Street. Riders can meet the carts on Evers Drive by following the signs to the pickup location.

For more information, contact the Center at 703-790-0123/TTY: 711, or visit:
www.mcleancenter.org/special-events.

McLean Community Center Governing Board Elections at McLean Day *"Take Two Minutes" to Vote*

It is not all fun and games at McLean Day. The McLean Community Center's annual Governing Board election takes place from 10:30 a.m. to 5 p.m. at the festival on Saturday, May 17. Residents of Dranesville Small District 1A are encouraged to stop as they enter Lewinsville Park and "take two minutes" to vote at the election booth, which is located right inside the park entrance at 1659 Chain Bridge Rd.

The board sets policy and provides general oversight for all the facilities and programs of the Center, including the Robert Ames Alden Theatre and the Old Firehouse Teen Center. Three adult positions and two youth positions are open this year. The adult candidates who receive the three-highest vote counts will serve three-year (3) terms. Youth candidates, one from the McLean High School boundary area and one from the Langley High School boundary area, will serve one-year (1) terms. Youth candidates do not have to attend these schools to serve on the board.

May 17: 3rd Annual Paige Saucedo Scholarship Run

Please join other walkers and runners at the Annual Paige Saucedo Scholarship Run, now in its 3rd year. This 5K Walk/Run raises money for a scholarship benefitting Herndon High School ESOL students who demonstrate academic excellence, and to support the opportunity of a post-high school education. The scholarship committee awards scholarships to help cover tuition for one year.

Event Details

Saturday, May 17 at 9:00 a.m.
Herndon High School (track entrance)
700 Bennett Street
Herndon

Register at the Herndon High School Main Office, e-mail vabeight@fcps.edu, or register on the day of the race. T-shirts are provided with every run/walk registration (\$20 adults and \$10 for kids)

The event will also include a battle of the bands, soccer tournament, step team performance, games for kids and face painting.

May 17: FCPS Community Discussion on Teen Stress, Wellness and Resiliency

Fairfax County Public Schools (FCPS) is hosting a Community Conversation on Teen Stress: Fostering Wellness and Resiliency.

Event details:

Saturday, May 17, from 10 a.m. to 2:30 p.m.
Hayfield Secondary School
7630 Telegraph Road
Alexandria

The event will bring together teens and parents, the school system, Fairfax County government, private mental health providers, coaches, and community and faith-based organizations who work with teens to discuss the many facets of stress that affect today's youth and how wellness and resiliency resources can provide support. Keynoting the event is Dr. Brad Sachs, psychologist and author. Join in on discussions with parents on how to talk to their child about mental health and suicide.

Participants will also be able to take part in the following breakout sessions, several of which will be student-led discussions giving their perspective on mental health topics.

- Community Partnerships Between Families, School, and Community
- Homework Pressure
- Message with Kids: Do They Hear Us and Do We Hear Them?
- Cyber Citizenship in 2014
- Alcohol and Drug Education: Dealing With Depression
- Bullying
- Mindfulness-How Can It Help Relieve My Stress
- Hope, Engagement, and Well Being: The Gallup Youth Survey in FCPS
- Information and Yoga with The Josh Anderson Foundation

Additional topics will include discussions about identity issues, how students and schools can start clubs that promote involvement in school, and alumni testimonies on dealing with depression.

Exhibits will feature FCPS, county, and community resources and services. A light lunch will be served. Details and registration information are available online at <http://www.fcps.edu/dss/summit/index.shtml>.

For more information, contact the FCPS Department of Communications and Community Outreach at 571-423-1200.

May 19: Aging in Place: Modifying Your Home to Fit Your Changing Life Style

A workshop from "McLean Community: A Village for All Ages"

On May 19th, the McLean Community: A Village for All Ages will sponsor a free workshop: "Aging in Place: Modifying Your Home to Fit Your Changing Life Style". Small changes in your home can make a big difference in your life. They can make your home a space that enables you to thrive as your living situation changes, and make life easier for visitors to your home -- from grandchildren to adult children and friends.

AARP is teaming up with McLean Community: A Village for All Ages (MCVA) and Fairfax County Building for All Committee (BFAC) to bring you this free community workshop to find out how simple changes to your home can create an environment where everyone is welcome, and everyone can flourish.

Event details:

Monday, May 19, from 9:30 a.m. to 12:30 p.m.

McLean Community Center

1234 Ingleside Ave.

McLean

Exhibitors will be on hand to share information about local resources. Light refreshments

will be served. Please register for this event by calling 1-877-926-8300. For more information, visit <http://states.aarp.org/may-19/>.

"The McLean Community: A Village for All Ages (MCVA)" came from a community forum sponsored by Supervisor Foust in October 2011. There was overwhelming support voiced at the forum for action to be taken to assist seniors and people with disabilities to remain in and enjoy our community. MCVA was established as the community-based, volunteer-managed work group to implement programs for these constituencies.

For more information about the McLean Community: A Village for All Ages, please contact Renuka Chander at RenukaChanderMCVA@gmail.com or Jenny Phipps in Supervisor Foust's office at 703-471-5075, TTY 711 or by email at Jenny.Phipps@fairfaxcounty.gov.

May 30: 50+ Employment Expo

Are you 50 or older and looking for a job? Meet recruiters from dozens of employers, including non-profits, government, healthcare, retail, technology and more. Come to the 50+ Employment Expo, presented by the Jewish Council for the Aging and Fairfax County. Join keynote speaker, Joyce E. A. Russell, Vice Dean of the Robert H. Smith School of Business.

Expo Activities:

- * Attend a seminar on online job searching
- * Attend a seminar on changing careers
- * Find continuing education and job training information
- * Receive resume critiques
- * Learn about job fitness, job readiness and interviewing
- * Find advice on starting a business

Event Details:

Friday, May 30, 10:00 a.m. to 2:00 p.m.
Fairfax County Government Center
12000 Government
Center Parkway
Fairfax, Virginia 22035

To request reasonable ADA accommodations, please contact Micki Gordon at 301-255-4231, TTY 711 or email mgordon@AccessJCA.org on or before May 15 to allow sufficient time to accommodate requests.

June 7 and 8: Tysons-Pimmit Library Book Sale *Donations Welcome*

Friends of the Tysons-Pimmit Regional Library is holding a book sale to benefit the Tysons-Pimmit Regional Library on June 7 and 8. Choose from a large selection of books, magazines, DVDs and other media for all ages.

Event details:

Saturday, June 7, 10:00 a.m. to 4:00 p.m.

Tysons-Pimmit Regional Library

7584 Leesburg Pike

Falls Church

(Bag Sale/Clearance will be on Sunday, June 8, from 1:00 p.m. to 4:00 p.m.)

The library is also accepting donated media.

For more information please visit <http://www.fairfaxcounty.gov/library/friends/ty/>, email TysonsLibraryFriends@gmail.com or call 703-790-4031.

Through June 16: Comment on Draft Tysons Park System Concept Plan

The Fairfax County Park Authority has published the Draft Tysons Park System Concept Plan, putting in motion the opportunity for public review and comment on this planning document. This plan will guide future park development by the public, private and non-profit sectors that will serve Tyson's residents, workforce and visitors well into the future.

View the draft plan online at <http://www.fairfaxcounty.gov/parks/plandev/tysons-parks/downloads/Tysons-Park-System-Concept-Plan-draft.pdf>.

Over the next few months there will be several opportunities for the public to comment on the draft plan. Comments may be forwarded to Parkmail@fairfaxcounty.gov. Also, the Park Authority is holding a Tysons Open House.

Open House Details

May 19, at 7:00 p.m.

Spring Hill Elementary School

8201 Lewinsville Road

McLean

An additional day-time meeting will be scheduled between now and the close of the public comment period on June 16.

For more information about the plan, call Andi Dorlester at 703-324-8692 or visit Tysons Park Planning online at <http://www.fairfaxcounty.gov/parks/plandev/tysons-park->

ANNOUNCEMENTS

Great Falls Farmers Market Open for Summer 2014 Season

Treasuring Heritage, Home and Habitat

Saturdays at the Great Falls Farmers Market is a time when neighbors gather for local farm produce and artisan creations.

Market Details

Saturdays from 9:00 a.m. to 1:00 p.m.

778 Walker Road

Great Falls

(In the parking lot next to Wells Fargo Bank)

For more information, visit the Market's website at <http://greatfallsfarmersmarket.org/>.

Fairfax County Farmers Markets Opening for Season in May

Purchase freshly picked fruits and vegetables, cut flowers, freshly baked bread and pastries, and artisan cheeses at one of Fairfax County's 11 farmers markets -- open May to November. Also available are fresh eggs, meats and other edible delights along with gardening plants of all sizes.

The Farmers Markets are supervised by the Fairfax County Park Authority through the Community Horticulture office based at Green Spring Gardens. The daily operations of the markets are managed by volunteer Market Masters.

All products sold are produced by vendors within 125 miles of Fairfax County, and brokers or resellers are strictly prohibited. Produce you purchase at Park Authority Farmers Markets is fresh, locally-grown and consistently good.

Fairfax County Cooperative Extension Master Gardeners offer Plant Clinics at most markets. Citizens can bring plant or insect samples for pest identification or disease diagnosis. Master Gardeners also help citizens by having informational displays on topics such as Container Gardening or EcoSavvy Gardening. For more information about the Markets, call 703-642-0128, TTY 703-803-3354.

2014 Market Schedule

Wednesday

***McCutcheon/Mount Vernon**

May 7 - December 17

8 a.m. - Noon

Sherwood Library

2501 Sherwood Hall Lane

SNAP accepted with bonus dollar program.

***Oak Marr**

May 7 - November 26

8 a.m. - Noon

Oak Marr Recreation Center

3200 Jermantown Road

***Wakefield**

May 7 - October 29

2 p.m. - 6 p.m.

Wakefield Park

8100 Braddock Road

Thursday

***Annandale**

May 1 - November 6

8 a.m. - Noon

Mason District Park

6621 Columbia Pike

***Herndon**

May 1 - November 13

8 a.m. - 12:30 p.m.

Old Town Herndon

700 Block of Lynn St.

(By the Red Caboose)

***Government Center**

May 1 - October 30

3 p.m. - 7 p.m.

Fairfax County Government Center

12000 Government Center Pkwy.

Friday

***McLean**

May 2 - November 21

8 a.m. - Noon

(Market closed on May 16 for McLean Day preparations.)

Lewinsville Park

1659 Chain Bridge Road

***Kingstowne**

May 2 - October 31

4 p.m. - 7 p.m.

In the Giant parking lot

5935 Kingstowne Towne Center

Saturday

***Burke**

May 3 - November 22

8 a.m. - Noon

VRE parking Lot

5671 Roberts Parkway

***Reston**

May 3 - November 9

8 a.m. - Noon

Market closed for Multicultural Festival

Lake Anne Village Center

11401 North Shore Drive

SNAP accepted with bonus dollar program.

Sunday

***Lorton**

May 4 - November 2

9 a.m. - 1 p.m.

VRE parking lot

8990 Lorton Station Blvd.

SNAP accepted with bonus dollar program.

For additional information about the Markets,
call 703-642-0128, TTY 703-803-3354.

Child Safety Seat Clinic: Free Child Safety Seat Inspections

Installing a child safety seat properly and safely can be a challenging task. If you are in need of assistance, take advantage of **free child safety seat inspections**. Specially trained and certified sheriff's deputies will help parents and caregivers ensure that a child fits securely in the safety seat and that the safety seat fits securely in the vehicle seat.

Virginia law requires that ALL children up to age 8 must be in a child restraint device (which includes a booster seat). The law also states that ALL rear-facing infant seats **MUST** be placed in the back seat of a vehicle. In the event the vehicle does not have a back seat, the rear-facing infant seat may be placed in the front passenger seat **ONLY** if the vehicle is either not equipped with a passenger side airbag or the passenger side airbag has been deactivated.

Bring your vehicle and safety seat(s). Bring your child too, if you like.

The next Safety Seat Saturday is May 31.

All inspections take place as follows:

8 a.m. 12:00 noon (new hours for 2014)
Fairfax County Public Safety Center
Public Parking Garage - Level B1
(down one level from entrance)
10550 Page Avenue
Fairfax

*In case of inclement weather,
please call to make sure the event has not been cancelled: 571-238-6153.*

Remaining dates for 2014:

*(All 2014 events are on the LAST SATURDAY of the month, except where marked *)*

May 31,
*June 21
July 26
August 30
*September 20
October 25
November 29
*December 20

Learn how to install a child safety seat from the comfort of your home or office! The Virginia Department of Health has a series of [YouTube instructional videos](#) to help you get the job done right.

If you cannot view the videos, or if you still need help with the safety seat installation after viewing them and you cannot make it to Safety Seat Saturday, you may request an appointment at the Sheriff's Office Fit Station. Please [email the Sheriff's Office](#) with your daytime phone number, and a sheriff's deputy will call you. The Fit Station is located at 10520 Judicial Drive in the Public Safety Center. The Fit Station operates by appointment only.

For additional information please [email the Sheriff's Office](#).

Great Falls Citizens Association Survey on Deer and Forest Management

The Great Falls Citizens Association (GFCA) is conducting the first community survey on deer population and forest management. The woodlands of Great Falls are a valuable asset, as are the wildlife that inhabits it. Increasingly, deer seem to be impacting the health of area forests, and playing a role in Lyme disease and vehicle collisions. To gauge community views, GFCA is conducting this survey, which is open to all Great Falls residents and businesses.

Please take the online survey at <http://www.surveymonkey.com/s/VLCRQ8Y>.

For more information, contact GFCA Vice President Bill Canis at billcanis.gfca@yahoo.com.

VDOT Repairing Potholes in Northern Virginia

Report your favorite potholes to VDOT now

Virginia Department of Transportation (VDOT) crews are out in full force patching potholes following recent winter storms. Patching operations are prioritized by pothole severity and location, with potholes on high-traffic roads filled within 24 hours of being reported. Drivers should watch for crews and lane closures during off-peak hours.

To report a pothole, citizens can visit <http://www.virginiadot.org/travel/citizen.asp> or call VDOT's Customer Service Center at 1-800-FOR-ROAD (1-800-367-7623). TTY users, call 711. Northern Virginia drivers can also e-mail novainfo@vdot.virginia.gov.

Crews in northern Virginia patch potholes on roads in Fairfax, Prince William and Loudoun Counties. If the pothole is in a city, town, or Arlington County, please call the public works department in that location.

Safe driving tips, pothole patching videos and other useful information on potholes is also available on VDOT's website at <http://www.virginiadot.org/info/faq-potholes.asp>.

www.fairfaxcounty.gov/OlderAdults Volunteering and Classes: Fairfax County Division of Adult and Aging Services

[Volunteers Needed](#)

To volunteer for any of the following positions, please complete an online registration form at <http://www.fairfaxcounty.gov/dfs/volunteer/VolReg/VolunteerRegistration.aspx>. For more information please call 703-324-5406, TTY 711, email VolunteerSolutions@FairfaxCounty.gov or visit fairfaxcounty.gov/olderadults and follow the link to "Volunteer Solutions".

- In honor of Older Americans Month, our Helping Hands Program will link volunteers to older adults throughout the county in May. Assignments include deep house cleaning, decluttering and organizing the home, and yard work. This volunteer opportunity is ideal for individuals as well as for civic groups, sororities, faith groups, youth groups, friends and families.
- The Mount Vernon Adult Day Health Care Center in Alexandria needs social companions for participants on Fridays from 3 - 5 p.m. and front desk volunteers on Tuesdays and Wednesdays from 11 a.m. - 12 p.m. and 3:30 - 4:30 p.m.
- The Herndon Senior Center, 873 Grace Street, Herndon needs a volunteer knitting instructor to assist with an existing knitting class on Thursday mornings.
- Meals on Wheels needs drivers in Franconia, Reston, McLean and Falls Church.
- Fairfax County needs volunteers to drive older adults to medical appointments and wellness programs.
- The Sully Senior Center, 5690 Sully Rd., Centreville needs a certified personal trainer, preferably with experience working with older adults, for one hour two days per week.
- The Wakefield Senior Center, 8100 Braddock Rd., Annandale needs an experienced canasta player, Spanish-speaking interpreters, and certified instructors for Dance, Zumba Gold, and Pilates.

[Seminars, Classes and Training](#)

- Fairfax County is offering **free Family Caregiver Seminars** throughout May at the following locations. To register, visit www.fairfaxcounty.gov/OlderAdults and link to Register Now for Caregiver Seminars, or call 703-324-5205, TTY 711.

Six Questions Regarding Paying for Long-Term Care

Wednesday, May 7, noon to 1:00 p.m.

Webinar

Tools for Caregiving

Tuesday, May 13, 7:00 - 8:30 p.m.

Centreville Regional Library
14200 St. Germain Drive
Centreville

Legal Tools for Caregivers

Wednesday, May 14, 7:00 - 8:30 p.m.
City of Fairfax Regional Library
10360 North Street
Fairfax

Hiring in-Home Care

Thursday, May 22, 7:00 p.m. - 8:30 p.m.
Kings Park Library
9000 Burke Lake Road
Burke

Medicare 101

Tuesday, May 27, 7:00 - 8:30 p.m.
Mount Vernon Adult Day Health Care Center
8350 Richmond Highway, Suite 137
Alexandria

Medicare 101

Wednesday, May 28, 3:00 - 4:00 p.m.
Tysons-Pimmit Regional Library
7584 Leesburg Pike
Falls Church

- Fairfax County is offering a **free Independent Living program** on Mondays, June 2 to July 21, 10 a.m. - noon at the Herndon Senior Center, 873 Grace Street, Herndon. Topics include fire and fall prevention, using medication properly, communicating with health care providers, transportation, services and nutrition. Each class includes a gentle exercise program to increase strength and balance. Register and learn more at www.fairfaxcounty.gov/dfs/olderadultservices/independent.htm or call 703-324-5429, TTY 711.
- Fairfax County's **free Family Caregiver Telephone Support Group** meets by phone on Tuesday, May 13, 7-8 p.m. Register beforehand at www.fairfaxcounty.gov/dfs/olderadultservices/caregiver.htm. Call 703-324-5484, TTY 711.